## Jefferson Search and Rescue 24 Hour Pack

Estimate Weight 25lbs to 30lbs Should provide everything needed for 24hours of survival. Extra room required for group gear.

## **Equipment**

- Backpack
- Cord − 50ft
- Map of Area (JSAR provided)
- Compass
- Whistle
- Chemlight
- Note Pad Waterproof
- Pencil Write in Rain
- Flashlight
- Headlamp
- Extra Batteries
- Water 2 qts
- Food (No cooking)
- Emergency Shelter (Space Blanket, Bivy, Tarp)
- Knife
- Insulating Pad
- Sunglasses/Glacier Glasses
- Hiking Boots Medium to Heavy
- Flagging Tape
- Sharpie Permanent Marker

## **Clothing**

- Leather Gloves
- Poly Pants
- Poly Shirt
- Spare socks
- Polar Pants
- Warm coat
- Stocking capWinter Gloves
- Rain Coat/Shell
- Rain Pants/Shell

### Personal

- Toilet Paper
- Aspirin
- Allergy Medication
- Painkillers
- Toothbrush
- Toothpaste
- Matches and/or lighter
- Sunscreen
- Insect repellant

# **Optional**

- GPS
- Helmet
- Harness
- Ice Axe
- Altimeter
- Goggles
- Snow Shoes

#### First Aid

- Rubber Gloves
- CPR Mouthpiece
- Safety Goggles
- Medical Scissors
- Ear Plugs